SDG 17
PARTNERSHIP
FOR THE GOALS







17 PARTNERSHIPS FOR THE GOALS













LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

Overview of LUMHS Collaboration with NGOs to Tackle SDGs

Collaborations Within a Shelter Home for Elderly, People with Disabilities and Orphans

Health and Wellbeing Outreach: Community Visit to Dar-ul-Sukun: Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, delivers outreach programmes and projects in the local community to promote health and wellbeing. On 29 May 2025, LUMHS students' / a team from LUMHS visited Dar-ul-Sukun at Rashidabad, Tando Allahyar, to conduct a health awareness session / medical camp / wellbeing activity for its residents. Approximately 250 residents benefited from the activity, which covered health screening, hygiene, nutrition, and general wellbeing guidance. The initiative reflects the University's commitment to community engagement and student volunteering, and to improving the health and wellbeing of vulnerable groups beyond its campus, in line with SDG 3 (Good Health and Well-being).



LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO





Collaboration with NGOs to Tackle the SDGs
SUSTAINABLE DEVELOPMENT GOAL NO.3





Collaboration with NGOs to Tackle the SDGs

SUSTAINABLE DEVELOPMENT GOAL NO.3







LUMHS Contribution and Collaboration: Awareness Session on "Mind, Body, and Balance: Essential Health Tips for Young Adults"

Collaborating Institution: Department of Social Work, University of Sindh, Jamshoro
LUMHS Representative: Dr. Tarachand Devrajani, Assistant Professor and General Physician

Liaquat University of Medical & Health Sciences (LUMHS) contributed to an inter-university health awareness initiative through the participation of Dr. Tarachand Devrajani, Assistant Professor and General Physician, as the guest speaker at an awareness session organized by the Department of Social Work, University of Sindh, Jamshoro.

The session, titled *"Mind, Body, and Balance: Essential Health Tips for Young Adults,"* was held on 28 November 2025 to promote mental, emotional, and physical well-being among university students. Dr. Tarachand Devrajani shared practical guidance on healthy lifestyle choices, balanced nutrition, regular physical activity, examination stress, anxiety management, and strategies for maintaining overall well-being and aging well. An interactive question-and-answer session enabled students to seek health-related guidance.

Through the contribution of its faculty expertise, LUMHS supported knowledge-sharing and collaboration with the University of Sindh, extending health education beyond its own campus and promoting student well-being within the wider academic community.

The initiative contributed to SDG 3 (Good Health and Well-being) by promoting mental and physical health awareness; SDG 4 (Quality Education) by supporting students' well-being and academic readiness; SDG 5 (Gender Equality) by promoting inclusive access to health knowledge; and SDG 10 (Reduced Inequalities) by supporting accessible health education for university students.

This collaboration demonstrates LUMHS's commitment to inter-university engagement, sharing professional expertise, and advancing health awareness and sustainable development through academic partnerships.





Collaborations SOS village is a non-government organization which provides shelter, education and a complete home for orphanages

Liaquat University of Medical and Health Sciences (LUMHS) actively collaborates with non-governmental organizations (NGOs), including SOS Children's Village, to advance the United Nations Sustainable Development Goals through institutional partnerships, shared resources and community-based interventions. This collaboration translates the university's social responsibility into practical initiatives supporting education, healthcare, physical well-being and equal opportunities for vulnerable children."

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, recognizes its responsibility towards vulnerable and underserved communities, particularly children who require additional social, educational and healthcare support. In this regard, LUMHS extends its institutional resources and services to children residing at SOS Children's Village, a non-governmental and charitable organization dedicated to providing family-like care, shelter, education and a nurturing home environment for orphaned and abandoned children.

SOS Children's Village provides children with more than basic shelter. It strives to create a secure and supportive family environment where children can grow, receive quality education, develop life skills and build a better future. Through its collaboration with SOS Children's Village, LUMHS contributes to improving the quality of life of these children by facilitating

access to higher education, learning resources, recreational opportunities and essential healthcare services.

The collaboration reflects LUMHS's commitment to social responsibility, equal opportunities, inclusive education and the promotion of health and well-being, particularly among children from disadvantaged backgrounds.

Key Areas of LUMHS Contribution to SOS Children's Village

1. Scholarships and Financial Assistance for Higher Education

LUMHS facilitates access to higher education for deserving students from SOS Children's Village. Children who successfully secure admission to LUMHS are supported through scholarships and financial assistance, helping address financial barriers associated with university education. This initiative enables talented students to pursue professional degrees, develop their capabilities and work towards independent and productive futures.

2. Shared Library Resources and Learning Opportunities

LUMHS extends access to its library resources and educational facilities to children from SOS Children's Village. By providing opportunities to explore books, reference materials and other learning resources, the university encourages reading habits, intellectual curiosity, academic development and lifelong learning. This initiative helps bridge educational resource gaps and creates an environment where children can explore knowledge beyond their regular school curriculum.





3. Access to Sports and Recreational Facilities

Recognizing the importance of physical activity in childhood development, LUMHS shares its sports and recreational facilities with children from SOS Children's Village. Access to sports grounds and recreational opportunities encourages participation in healthy physical activities, teamwork, discipline, confidence and positive social interaction. These opportunities support children's physical fitness, emotional resilience and overall personal development.





4. Free Medical Camps and Healthcare Services

LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

LUMHS supports the health and well-being of SOS Children's Village residents by organizing free medical camps and facilitating healthcare services through its medical professionals and relevant departments. These initiatives provide children with access to general health assessments, medical consultations, basic diagnostic and preventive healthcare services, and health awareness. Such interventions promote early identification of health concerns, preventive care and improved health-seeking behavior, ensuring that children's healthcare needs receive appropriate attention.





LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO



LUMHS Partnerships with NGOs and Community-Based Organizations: Promoting Social Inclusion and Reducing Inequalities (SDG 10)

Liaquat University of Medical and Health Sciences (LUMHS) actively promotes social inclusion, community empowerment and the reduction of inequalities through institutional partnerships and collaborative engagement with non-governmental organizations (NGOs) and civil-society organizations working at grassroots level.

LUMHS has established Memoranda of Understanding (MoUs) with various NGOs and community-based organizations to strengthen cooperation in addressing social challenges, improving access to essential services and supporting disadvantaged and underserved populations. These partnerships provide a platform for joint community outreach initiatives, health awareness activities, educational support, capacity-building programmes and other interventions aimed at improving the quality of life of vulnerable groups.

Furthermore, LUMHS collaborates with the Department of Social Work, University of Sindh, Jamshoro, an active academic and community-engagement partner with a strong focus on social welfare, community development and volunteerism. This collaboration brings together the academic expertise of LUMHS and the social development experience of Social Work professionals and students to identify community needs and facilitate meaningful interventions.

Through this partnership, students, faculty members and social workers can contribute to community awareness, social mobilization, welfare activities and initiatives supporting marginalized populations.

Such institutional collaborations help bridge the gap between academic institutions and communities by translating knowledge and professional expertise into practical social action. They also encourage student volunteerism, inter-institutional cooperation and shared responsibility for addressing inequalities.

Through these partnerships, LUMHS reinforces its commitment to SDG 10 (Reduced Inequalities) by promoting equal opportunities, social participation, dignity and access to essential services, particularly for individuals and communities facing socioeconomic disadvantages.

LUMHS Participation in Provincial Workshop on Urban Food Production and WASH Services

Advancing Food Security, Sustainable Urban Development and Public Health Through Multi-Stakeholder Collaboration

Liaquat University of Medical and Health Sciences (LUMHS) participated in a Provincial Workshop on Urban Food Production and Water, Sanitation and Hygiene (WASH), organized by Welthungerhilfe (WHH) Pakistan under its project titled *"Urban Food Production and WASH Services."*

The workshop brought together a diverse range of stakeholders, including representatives from provincial government departments, political leadership, the private sector, United Nations agencies, academia, media and civil society organizations. The participation of these stakeholders provided an important platform for dialogue, knowledge exchange and collaborative action to address interconnected challenges related to urban food insecurity, inadequate sanitation, water accessibility and public health, particularly in low-income urban communities.

The event was attended by Ms. Aisha Jamshed, Country Director, WHH Pakistan; Mr. Saeed Ghani, Minister for Local Government; and Ms. Tanzeela Qambrani, Member of the Provincial Assembly (MPA), who highlighted the importance of coordinated efforts and appreciated the work undertaken by WHH and its implementing partners, including Fast Rural Development Program (FRDP) and Research and Development Foundation (RDF) Sindh.

Keynote presentations and panel discussions focused on practical strategies for strengthening urban food security, promoting sustainable urban food production and improving access to safe water, sanitation and hygiene services in underserved urban settlements. Discussions also emphasized the importance of effective partnerships among government institutions, development organizations, academia and community stakeholders in developing sustainable solutions to local challenges.

LUMHS's participation in this provincial-level engagement reflects the university's commitment to contributing academic expertise, public health perspectives and institutional knowledge to broader development discussions. Such engagement creates opportunities for universities to contribute to policy dialogue, identify community-level challenges, exchange evidence-based approaches and strengthen partnerships that support sustainable development.

Through participation in multi-sectoral platforms of this nature, LUMHS supports the advancement of the United Nations Sustainable Development Goals, particularly SDG 2 (Zero Hunger), SDG 3 (Good Health and Well-being), SDG 6 (Clean Water and Sanitation), SDG 11 (Sustainable Cities and Communities), and SDG 17 (Partnerships for the Goals).

The university acknowledges the organizers and collaborators, particularly Sarwan Baloch, Ali Mohammad Kallar and Aftab Hussain Soomro, for facilitating its participation in this important provincial gathering.

Contribution to the Sustainable Development Goals

- SDG 2 – Zero Hunger: Promoting urban food production and improved food security.
- SDG 3 – Good Health and Well-being: Supporting healthier communities through improved WASH services and food security.
- SDG 6 – Clean Water and Sanitation: Promoting access to safe water, sanitation and hygiene.
- SDG 11 – Sustainable Cities and Communities: Encouraging sustainable and healthier urban environments.
- SDG 17 – Partnerships for the Goals: Strengthening collaboration among academia, government, NGOs, UN agencies and civil society.

LUMHS: Connecting Academic Expertise with Policy Dialogue and Collaborative Action for Sustainable Communities.




FRDP
RDF
WELCOME
to

LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

LUMHS Participation in the CMAM Training

Liaquat University of Medical and Health Sciences (LUMHS), in collaboration with Shaheed Mohtarma Benazir Bhutto Medical University (SMBBMU), Larkana, and the International Rescue Committee (IRC), conducted a five-day training programme on **Community-Based Management of Acute Malnutrition (CMAM)**. The training was delivered under the project *"Strengthening Local Civil Society and Community-Based Organizations and Their Capacity in the Nutrition Sector in Sindh,"* with Strengthening Participatory Organization -SPO an NGO and MERF serving as project partners and funding provided by the European Union. The initiative aimed to strengthen the knowledge and technical capacity of participants in community-based approaches to the identification, management and prevention of acute malnutrition, contributing to improved nutrition services and community health outcomes across Sindh.

LUMHS Contribution

Liaquat University of Medical & Health Sciences (LUMHS) contributed to the training through **[faculty/experts delivered sessions / nominated participants from the Departments of community Medicine**. The training covered early identification of acute malnutrition, including MUAC screening of children, and community-level referral and management. LUMHS's involvement strengthened frontline nutrition capacity in Sindh and drew on the university's clinical and public health expertise.

Outcome

The training expanded the skills of health professionals and community-based organizations in Sindh. It also demonstrated LUMHS's commitment to community-oriented health education and to multi-stakeholder partnerships for nutrition.


MERF
SPO
munity-Based Management
ute Malnutrition (CMAM) Training



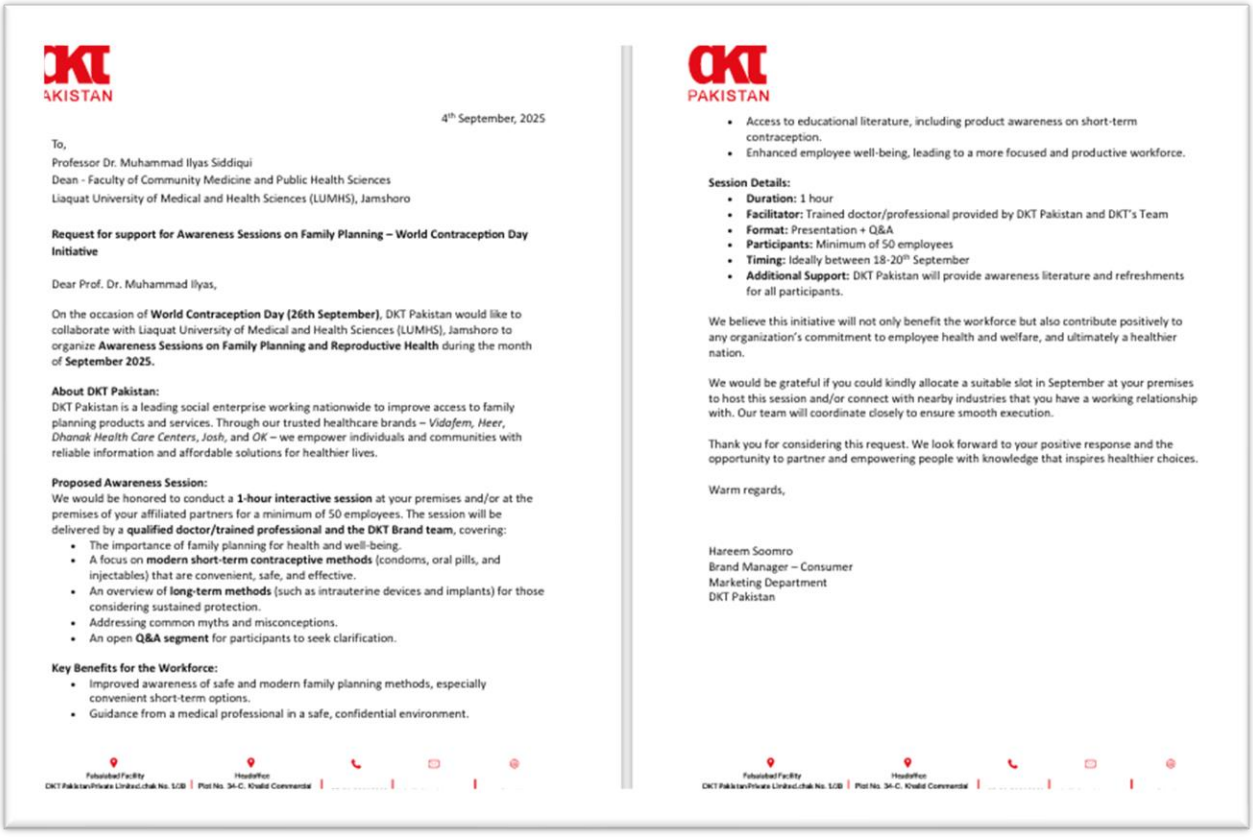




Awareness Workshop on Family Planning, Reproductive and Sexual Health with DKT Pakistan

On 26 September 2025, to mark World Contraceptive Day, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, collaborated with the non-governmental organization DKT Pakistan to advance the Sustainable Development Goals, particularly SDG 3 (Good

Health and Well-being), SDG 5 (Gender Equality) and SDG 17 (Partnerships for the Goals). The Faculty of Community Medicine & Public Health Sciences, under the leadership of its Dean, organised an awareness workshop on family planning and reproductive health at LUMHS Jamshoro in partnership with DKT Pakistan. Faculty members and postgraduate students participated actively in the workshop, which promoted informed decision-making on reproductive health, strengthened community-oriented public health education, and built the capacity of future health professionals to provide family planning counselling and services. The initiative contributes to Target 3.7 (universal access to sexual and reproductive health-care services) and Target 5.6 (universal access to sexual and reproductive health and rights), and demonstrates the University's institutional commitment to working with NGO partners to address national health priorities and the SDGs.



DKT
AKISTAN

4th September, 2025

To,
Professor Dr. Muhammad Ilyas Siddiqui
Dean - Faculty of Community Medicine and Public Health Sciences
Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro

Request for support for Awareness Sessions on Family Planning – World Contraception Day Initiative

Dear Prof. Dr. Muhammad Ilyas,

On the occasion of **World Contraception Day (26th September)**, DKT Pakistan would like to collaborate with Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro to organize **Awareness Sessions on Family Planning and Reproductive Health** during the month of **September 2025.**

About DKT Pakistan:
DKT Pakistan is a leading social enterprise working nationwide to improve access to family planning products and services. Through our trusted healthcare brands – *Vidafem, Heer, Dhanak Health Care Centers, Josh,* and *OK* – we empower individuals and communities with reliable information and affordable solutions for healthier lives.

Proposed Awareness Session:
We would be honored to conduct a **1-hour interactive session** at your premises and/or at the premises of your affiliated partners for a minimum of 50 employees. The session will be delivered by a **qualified doctor/trained professional and the DKT Brand team**, covering:

- The importance of family planning for health and well-being.
- A focus on **modern short-term contraceptive methods** (condoms, oral pills, and injectables) that are convenient, safe, and effective.
- An overview of **long-term methods** (such as intrauterine devices and implants) for those considering sustained protection.
- Addressing common myths and misconceptions.
- An open **Q&A segment** for participants to seek clarification.

Key Benefits for the Workforce:

- Improved awareness of safe and modern family planning methods, especially convenient short-term options.
- Guidance from a medical professional in a safe, confidential environment.

DKT
PAKISTAN

- Access to educational literature, including product awareness on short-term contraception.
- Enhanced employee well-being, leading to a more focused and productive workforce.

Session Details:

- **Duration:** 1 hour
- **Facilitator:** Trained doctor/professional provided by DKT Pakistan and DKT's Team
- **Format:** Presentation + Q&A
- **Participants:** Minimum of 50 employees
- **Timing:** Ideally between 18-20th September
- **Additional Support:** DKT Pakistan will provide awareness literature and refreshments for all participants.

We believe this initiative will not only benefit the workforce but also contribute positively to any organization's commitment to employee health and welfare, and ultimately a healthier nation.

We would be grateful if you could kindly allocate a suitable slot in September at your premises to host this session and/or connect with nearby industries that you have a working relationship with. Our team will coordinate closely to ensure smooth execution.

Thank you for considering this request. We look forward to your positive response and the opportunity to partner and empowering people with knowledge that inspires healthier choices.

Warm regards,

Hareem Soomro
Brand Manager – Consumer
Marketing Department
DKT Pakistan

Session for students 'Bakhabar Noujawan' Training of Trainers on Life Skills and Reproductive Health with AMAN

On 18 August 2025, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, collaborated with the non-governmental organization Association for Mothers and Newborns (AMAN) to advance the Sustainable Development Goals, particularly SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 5 (Gender Equality) and SDG 17 (Partnerships for the Goals). The Faculty of Community Medicine & Public Health Sciences, under the leadership of its Dean, hosted the 'Bakhabar Noujawan' Training of Trainers (ToT)

at the Department of Community Medicine, LUMHS Jamshoro, in partnership with AMAN. The session introduced participants to life skills education and to the 'Bakhabar Noujawan' digital platform on reproductive health. Adopting a ToT approach, the training prepared participants to deliver life skills and reproductive and sexual health education to young people in their own settings, thereby extending its reach well beyond those present on the day. The initiative contributes to Target 3.7 (universal access to sexual and reproductive health-care services), Target 4.7 (acquisition of knowledge and skills for sustainable development), and Target 5.6 (universal access to sexual and reproductive health and rights), and demonstrates the University's institutional commitment to working with NGO partners to build youth capacity and address national health priorities.

